



# The Great Bay Buzz!

Hey Reader!

Welcome to the Great Bay Buzz monthly newsletter! We're psyched to announce that this is our very first out of many newsletters we will release so that you are in the know for all of the neat things happening with Great Bay Services. All of our monthlies are managed by members attending Great Bay Services; which is a program dedicated to providing people with disabilities opportunities to learn life skills, pursue creative endeavors, explore different places, volunteer and beyond. This program is also designed to foster friendships among members as they go out into the community to do these activities. We look forward to having you as our reader as we begin this exciting outlet sharing what Great Bay Services has to offer.

Enjoy!

- The Great Bay Buzz Team (Editor Elizabeth Guillemette)

## “What’s Up With Great Bay?”

### Upcoming Events:

February 15th: Senior Lunch  
March 16th: Special Olympics Basketball  
April 22nd: Earth Day  
May 17th: Spring Fling Dance



## Great Bay On The Morning Buzz!

By Jake Rousseau

One of the perks of going to Great Bay Services is you get to go on amazing field trips. One such happened a few weeks ago when me, Nick G. and C.T. went over to 100.3 WHEB rock radio in Portsmouth, New Hampshire to tour the radio station. One of my dream jobs is to be a radio D.J., mostly because of my love for music. On that day, me, Nick and C.T. got to host our own little radio show, and folks, let me just say, it was truly magic. I brought a whole lot of charisma, quips and funny moments; Nick brought his knowledge, and C.T. brought his incredibly uncanny imitations of Anime characters and of William Afton from the Five Nights at Freddy's franchise. C.T. was truly the star of the show in my eyes. Trust me when I say, he has an incredible future as a voice actor. For over 30 minutes, we were having the time of our lives, and making radio magic. If you want to hear the full radio interview, head on over to our Facebook and search "Great Bay Services". Here's hoping to more amazing trips like this in the future!

## Moon Run Farm:

By Elizabeth Guillemette

As part of our volunteering program, Great Bay members get to go to North Berwick's Moon Run Farm. There they clean stalls, sweep the halls, then give horses treats as a job well done! During the spring, Bray the owner of Moon Run lets members go horseback riding after helping out as another thank you.



## Round 1:

By Elizabeth Guillemette

Last Tuesday, Great Bay took a trip to Portland to visit the Round 1 Arcade at the Maine Mall. Our members love Round 1 for its wide variety of games, many coming straight from Japan for a fun and unique arcading experience, in addition to numerous prizes to pick from after playing their games.

## In Home News - Cooking:

Gabe experimented in the kitchen cooking some Wiener Schnitzel. She wanted to celebrate her German Heritage and was very proud of how it came out. Joe also enjoys his time in the kitchen and made both dinner and dessert for himself and his staff.



## Employment News

Did you know Great Bay Services Employment Team supports Members like you in their jobs. TJ Maxx is one of our many supported businesses. You can contact me for more information. - By Pam Foster (Manager)

**\$10.00**

**Great Bay Services**

*Spring Fling Dance*  
with DJ Ferrie

Date: May 17th, 2024

Place: VFW 1 Hutchinson Street, Sanford, Maine 04073

Time: 5:00pm to 8:00pm